Lunch Menu

Minimum of 10 pieces for each menu item. Minimum order required to be eligible for free delivery. Orders come standard with Biodegradable plates, napkins & cutlery.

Greek Inspired Lamb Filo Parcel \$8.00
Greek style lamb mixed with sauteed spinach, garlic, and feta cheese, wrapped in filo pastry and oven baked.

Curried Beef Roti Parcels \$7.00
Indian spiced slow roasted beef wrapped in roti bread and oven baked. Served with mango chutney & natural yoghurt

Chicken, Spinach & Fetta Filo Parcels \$7.00 Each
Slow cooked chicken with garlic, wilted spinach and Bulgarian fetta wrapped in flaky filo
pasty and oven baked.

Sushi Bowls (Low Gluten) (Low Dairy)
Individual bowls with sushi rice, pickled carrot, fresh cucumber, spring onion, fresh avocado, pickled ginger, soya sauce and Japanese mayo. Easy grab and go

Oven Baked Spiced Chicken \$12.00 Each

Grilled Tofu (Vegan) \$10.00 Each

Roasted Duck \$14.00 Each
Hot Smoked Salmon \$14.00 Each

Dragonfly Beef Sausage Rolls \$7.00 per head Our very own house made beef sausage rolls served with tomato and barbecue sauce

Portuguese Chicken Skewers (Low Gluten) (Low Dairy)\$4.00 Each Chicken thigh, marinated in Portuguese inspired spices, grilled, and served on a bed of rice.

Honey & Sesame Chicken Skewers (Low Gluten) (Low Dairy) \$4.00 Each Chicken thigh marinated in the classic honey and sesame marinade. Finished with toasted sesame seeds. Grilled and served on a bed of rice.

Selection of Fresh Turkish Rolls and Wraps \$12.00 Per Head

No need for a further menu item, this dish will serve your guests nicely! We Provide 1 large

Turkish Roll and ½ a wrap per head serving

(Low Gluten, Vegan & Low Dairy Option Available)

Variety of wraps & Turkish style rolls, stuffed with Virginian ham, oven baked chicken, egg

/ariety of wraps & Turkish style rolls, stuffed with Virginian ham, oven baked chicken, egg salad OR beef finished with a range of spreads layered on lettuce, tomato, carrot, and cucumber.

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Rice Paper Rolls (Low Gluten) (Low Dairy)

Rice paper rolls stuffed with your choice of filling with fresh cucumber, pickled carrot, spring onion, coriander & mint served with sticky sweet Thai sauce

Chinese Pork Fillet \$6.00 Each

Oven Baked Chicken \$6.00 Each

Grilled Tofu (Vegan) \$5.00 Each

Kung Poa Chicken Wings \$7.00 per head Wings packed with a POW. Bursting with flavour served on a bed of rice

BBQ & Bourbon Wings \$7.00 Head
Smokey BBQ and bourbon chicken wings soaked in the sticky sweet sauce, messy but well worth
the effort!

DIY Sandwich and Roll Platter (Vegan and Gluten Free Option Available) \$15.00 per head.

No need for a further menu item, this dish will serve your guests nicely!

Selection of sliced house cooked deli meats, accompanied by a sliced cheese & salad Platter served with fresh bread, rolls & condiments in for guests to create their own style of sandwiches & Rolls. Fresh and tasty! The complete lunch set up!

Italian Beef Lasagne \$10.00 per head Rich tomato beef bolognaise sauce layered with whole egg pasta and creamy béchamel sauce

Mediterranean Vegetable Bake (Low Gluten) (Low Dairy) \$7.00 per head Melody of seasonal vegetables slow roasted with spices and chickpeas topped with grilled haloumi. So good even the carnivores will love it.

Butter Chicken (Low Gluten) \$9.00 per head

Marinated chicken in a yogurt and spice mixture finished with a buttery sauce. Served with

jasmine rice

Roasted Vegetables & Chickpea Curry (Low Gluten, Low Dairy & Vegan) \$ 6.00 per Head Roasted carrot, zucchini, and sweet potato with Korma sauce and roasted chickpeas. Served with Rice.

Lunch Menu

Green Thai Chicken Curry (Low Gluten) (Low Dairy)\$9.00 Per Head
Thai green paste tossed with tasty chicken thigh finished with sweet potatoes, vegetables, and
coconut milk. Served with steamed rice.

Beef Massaman (Low Gluten) (Low Dairy) \$10.00 Per head
Slow cooked beef pieces soaked in massaman curry paste finished with seasonal vegetables and
coconut milk. Served with steamed rice

Country Style Chicken Casserole \$9.00 Per Head
Pan seared chicken thigh with a delicious cream, garlic and lemon sauce finished with a fresh
vegetable melody, fresh and filling!

Mac & Cheese \$6.00 per head Do we need to say more! A definite crowd pleaser.

BBQ Style Marinated Beef Ribs \$15.00 per head

Beef Ribs – a super favourite for the K-Town crew. Marinated in our BBQ Maple glaze, served with steamed rice

Country Style Peppered Beef Stew \$10.00 Per Head Slow cooked beef pieces tossed with fresh vegetable melody and finished with a rich gravy.

Spiced Roast Potatoes (Low Gluten) (Low Dairy) (Vegan) \$2.50 Per Head Roast potato wedges spiced with Moroccan style flavours

Creamy Potato Gratin \$3.50 Per Head

Potato slices layered with onion, bacon, and seasoning. Topped with cream and finished with tasty cheese.

Roast Seasoned Pumpkin Pieces (Low Gluten) (Low Dairy) (Vegan) \$2.50 Per Head

Cauliflower and Broccoli Gratin (Vegetarian) \$3.50 Per Served Cauliflower and broccoli florets topped with creamy bechamel sauce & topped with cheese

Bread Rolls with Butter (Vegetarian) \$2..75 Per Head Fresh bread rolls served with portion control butter. Gluten Free option available upon request

Garlic Bread (Vegetarian) \$3.00 Per Head

Cheesey Garlic Bread (Vegetarian) \$3.50 Per Head Garlic garlic bread subs topped with our three cheese mix

